



**2023-2024 Plan of Study for the 3 + 1 B.S. Bible/Theology program with
a B.S. Wellness and Exercise Science from the University of Dubuque**

Fall Semester

First Year

Old Testament Survey 1 (BT 102)	3()
Christian Life & Worldview (HUM 111)	3()
Survey of Doctrine (BT 151)	3()
English Composition (ENG 101)	3()
Transitions Seminar (FND 101)	.5()
Servant Leader Training Seminar (CCS 115)	.5()
Chapel (CCS 110)	P/F()
Introduction to Anatomy and Physiology 1 (BIO 145)	4()

Total Credits 17

Second Year

Biblical Hermeneutics (BT 220)	3()
Fundamentals of Speech (COM 122)	3()
Fundamental Computer Literacy (CS 101) *	3()
Introduction to Psychology (PSY 111)	3()
Servant Leader Training (CCS 120)Chapel (CCS 110)	P/F()
Activity Class (HWS 110)	P/F()
Activity Class (HWS 110)	1()
Introduction to Health, Wellness, and Sport (HWS 100)	1()
	2()

Total Credits 16

Third Year

Theology: Christ, Holy Spirit, and Salvation (BT 321)	3()
Biblical and Practical Theology of Transformation (BT 352)	3()
Apologetics (PHI 350) or Christian Evidences (PHI 267)	3()
Bible/Theology Elective	3()
Servant Leader Training (CCS 120)	P/F()
Chapel (CCS 110)	P/F()
Activity Class (HWS 110)	1()
Anatomy and Kinesiology (HWS 241)	3()

Total Credits 16

TRANSFER TO THE UNIVERSITY OF DUBUQUE

Fourth Year

Human Nutrition (HWS 246)	3()
Fitness Assessment (HWS 333)	3()
Geriatrics (HWS 311)	3()
Exercise Physiology (HWS 401)	3()
Theories/Principles of Personal Training (HWS 370)**	3()
Senior Seminar (HWS 495)	2()

Total Credits 17

Course taken at University of Dubuque

Spring Semester

First Year

Old Testament Survey 2 (BT 104)	3()
New Testament Survey (BT 106)	3()
Introduction to Biblical Interpretation (BT 120)	3()
Introduction to Literature (ENG 102)	3()
Servant Leader Training (CCS 120)	P/F()
Chapel (CCS 110)	P/F()
Activity Class (HWS 110)	1()
Introduction to Anatomy and Physiology 2 (BIO 146)	4()

Total Credits 17

Second Year

Theology: God, Creation, and Sin (BT 221)	3()
Praxis of Interpretation (BT 320)	3()
Missions and Evangelism 1 (ICS 104)	3()
General Studies Elective	3()
Servant Leader Training (CCS 120)	P/F()
Chapel (CCS 110)	P/F()
Activity Class (HWS 110)	1()
Sports Psychology (HWS 220)	3()

Total Credits 16

Third Year

Theology: The Church and Final Things (BT 331)	3()
Bible/Theology Elective	3()
Western Civilization 2 (HIS 132) or American History 1 (HIS 234)	3()
College Math (MAT 140)	3()
Servant Leader Training (CCS 120)	P/F()
Chapel (CCS 110)	P/F()
Activity Class (HWS 110)	1()
Fundamentals of Motor Performance (PED 231)	3()
Career Prep (PRF 201)	1()

Total Credits 17

Fourth Year

Biomechanics (HWS 301)	3()
Prevention and Care of Athletic Injury (HWS 341)	3()
Wellness Lifestyles (HWS 244) or	3()
Family and Community Health (HWS 221)	
Internship (HWS 485/6/7)	3()

Total Credits 12

Total Credits Needed: 125

* CS 101 is equivalent to CIS 101 at UD. If a UD department wishes to waive or sub CS 101 for one or all three of the (CIS 142, 152, 162) courses they can do so, but that would be case-by-case. Student would need to communicate with faculty advisor.

** Instead of HWS 370, the student may take HWS 470 Theories/Principles of Strength and Conditioning in the Spring Semester.